

## Rutland Sailing Club Juniors & Youth Fleet

Welcome to Rutland Sailing Club Juniors & Youth. We aim to provide a full range of sailing opportunities for children and young people aged 7 years and over. RSC has one of the largest Junior & Youth Sailing Clubs in the country, with much to offer both the new and the experienced Junior sailor.

### **How old do I have to be to join Juniors or Youth?**

You need to be over 7 years old and have completed a Junior RYA Sailing course.

### **When do the Junior & Youth sessions run?**

From April – Sept sessions run on:

- ❖ Friday evenings 6.15pm-7.30pm.
- ❖ Sunday mornings 10.30am-12.30pm

From October they run on Sunday mornings only.

Children sail in groups with others of a similar ability to develop their skills and confidence.

**PLEASE LET US KNOW EACH WEEK, BY EMAIL, WHICH SESSION OR SESSIONS YOU WISH TO ATTEND! THIS IS VITAL INFO FOR THE COACHES!**

**Email:** [juniors@rutlandsc.co.uk](mailto:juniors@rutlandsc.co.uk)

### **What boats are used?**

The main boats used are:

- ❖ Single handed boats - Toppers, Picos and we are about to introduce Optimists
- ❖ Double-handed boats – Fevas and 29ers (youth class). Fire fly dinghies are used for Team Racing.

Feel free to discuss with us which boat would suit your child best.

### **Can I borrow a boat?**

Yes, Rutland Juniors can offer subsidised boat hire for 12 weeks at a price of £10 per session. After that we ask you to pay the usual hire rate of £30 per session. Boats need to be booked one week in advance via the email address below.

### **Do sessions run if the weather is poor or if there is no wind?**

Yes. If weather is poor we may do a variety of land-based activities and / or a bit of theory which will help the Juniors when they are next in a boat.

### **How do I know what the weather is like at the club?**

It is possible to see what the weather is like at the sailing club using the following link, which is updated every 30 seconds,

<http://www.the-chandlery.com/weatherstation.asp>



### **Can I buy any kit second hand?**

We regularly run second hand kit sales which are a great opportunity to stock up. These will be advertised by email.

### **How far can my child progress with sailing?**

As far as they want! Each year several sailors from RSC Juniors & Youth are selected for regional and national squads in both single- and double-handed boats. They compete at national level and many move onto represent Great Britain at international level.



### **Do I need to get involved with the session or can I just drop off my child?**

Every child needs a parent/guardian on site whilst they are on the water (as part of the club's insurance). As you have to be here why not lend a hand. There are lots of ways to get involved, whether you sail or not. These include helping:

- launch boats in to and out of the water
- to rig boats
- selling second hand sailing kits
- organising the rotas
- going out on the rescue boat
- coach the Juniors at various levels
- with the administration

If we charged for the sessions the fee would be extremely high which would limit the number of people who can try sailing out. We aim to keep sailing affordable and open to as many people as possible which is why we ask for your help.

### **How much does it cost?**

Junior membership is £45.00 a year and needs to be accompanied by at least one adult with a social membership which is £50.00 for the year.

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Phone: 07587 778870